

DUI Integrated Treatment Court Participant Handbook

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DITC CONTACT INFORMATION

Court Locations: Phone Number:

1777 6th Street, Boulder (303) 441-3750

1035 Kimbark, Longmont (720) 564-2522

Treatment Agencies:

Boulder County Community Justice Services - Restoring Our Community (R.O.C.)

PO Box 471, Boulder CO 80306

Located in the Boulder County Justice Center at 6th & Canyon

Contact Person: Monica Rotner

Phone: (303) 441-3665

Mental Health Partners

1333 Iris Avenue, Boulder CO 80304

Contact Person: Phyllis Klaif

Phone: (303) 443-8500

Center for Change

1790 30th Street, Boulder CO 80301

Contact Person: Anjali Nandi,

Phone: (303) 449-1566

DITC Probation Officers:

James Alex (303) 441-1774

Deb Couget (720) 564-2549

Christine Szymczak (Supervisor) (303) 441-3782

ITC Coordinator:

Harry McCrystal (303) 441-4912

Drug Screens:

Boulder

Boulder Community Treatment Center (BCTC)

1770 21st Street, Boulder, CO 80306

Office Phone: (303) 449-2539

Client Call-in Line: (303) 477-5935

Longmont

Longmont Community Treatment Center (LCTC)

236 Main Street, Longmont, CO 80501

Office Phone: (303) 651-7071

Client Call-in Line: 303) 477-5935

Hours for both facilities: Monday – Friday 6:00 AM – 10:00 AM, 3:00 – 9:00 PM

Weekends 8:00 AM – 12:00 PM, 3:00 – 8:00 PM Revised 8/29/11 4

WELCOME!

Welcome to the 20th Judicial District DUI Integrated Treatment Court (DITC). This handbook is designed to provide you with all of the information you need to be successful in the program. It should serve as a valuable resource during your involvement with the program.

The DITC is a voluntary program. As a participant in the DITC, you are expected to comply with the following:

The instructions given to you by the Judge in court

The terms and conditions of your probation

The rules of the DITC, as outlined below

The case plan developed by your treatment team

MISSION & OVERVIEW

The mission of the DUI Integrated Treatment Court is to integrate substance abuse treatment, intensive supervision, and substantial judicial oversight to promote public safety and individual responsibility, to reduce crime, and to improve the quality of life for participants and their families.

The purpose of the DITC is to help participants to develop the skills necessary to attain long-term sobriety. Participants must progress through five phases in order to successfully complete the program.

DITC TEAM

The DITC Judges make all final decisions about your participation and progress in the program. These decisions will be based on information provided by other team members in regularly held staffings that precede all court appearances. In addition to the Judge, the DITC team consists of:

District Attorney: The DITC prosecutor represents the people of the 20th Judicial District.

Public Defender or private defense counsel (your attorney): The defense attorney advises potential participants on legal matters. The public defender also has a social worker who will work closely with potential and active DITC participants.

DITC Coordinator: The coordinator acts as the main contact person for the program, and works closely with the Judge, probation officers, and treatment Revised 8/29/11 5

providers in overseeing the program's day-to-day operations. The coordinator also works with other community agencies (such as housing programs and medical providers) to ensure clients have the resources they need to be successful in the program.

Probation Officers: Both regular and ISP probation clients are assigned to probation officers who are part of the DITC team. Your probation officer is your primary contact person, and is also the primary source of information to the DITC team regarding your status in the program.

Treatment Providers: Most DITC participants will complete drug and alcohol treatment through Boulder County's Community Justice Services ROC program, with some working through other agencies or a private provider. Spanish speakers will be referred to Center for Change, where services in Spanish are available.

Those who seek treatment from a private provider must provide the DITC team with contact information and sign all required releases. The private treatment provider must also agree to provide the court with timely information regarding your progress.

Other service providers: Some DITC participants will receive supportive services from programs such as Boulder County Department of Social Services, the Mental Health Center of Boulder County, PACE, the Bridges Program, and alternative sentencing programs such as Day Reporting and Work Release. These programs will be in regular contact with the DITC regarding your progress.

DITC PROGRAM RULES

All DITC participants must abide by the terms and conditions of probation as well as all conditions outlined in the DITC contract that was reviewed and signed upon entry. These rules are summarized as follows:

1. Abstain from the use of illegal drugs and alcohol.
2. Submit to all drug screens as ordered by your probation officer, treatment provider, or the Court.
3. Inform your health care providers of your substance abuse history so that they can make informed decisions regarding the use of prescription medications.
4. Attend court dates, treatment sessions, and probation meetings as scheduled.
5. Refrain from association with those using or possessing illegal substances.
6. Inform your probation officer and treatment provider of any changes in your address or phone number immediately.
7. Comply with any other conditions as outlined in the terms and conditions of probation as well as those outlined in the DITC contact.

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CONFIDENTIALTY

State and federal laws require that your privacy be protected. You will be asked to sign a consent and waiver so that the team members can share information in order to plan your treatment and monitor your progress in the program.

DITC COURT HEARINGS

Upon entering the DITC, participants will typically attend court every other week. Occasionally, participants experiencing difficulty may be required to attend weekly, at least temporarily. As you advance through the phases, you will likely have fewer court appearances. *Participants are expected to attend all court appearances, and a warrant for your arrest will be issued if you fail to appear.*

DRUG SCREENS

Since achieving and maintaining sobriety is one of the main goals of the DITC, participants will be tested frequently for drug and alcohol use. Drug testing is generally done using urine screens, saliva samples, and breathalyzers. Other mechanisms used to monitor sobriety may include SCRAM, Antabuse, hair follicle tests, or other procedures approved by the court. *Urine screens will be observed to ensure results are valid.* Participants are responsible for the costs of testing, unless other arrangements have been made with your probation officer or treatment provider.

Positive, missed, altered or refused screens will be considered positive and subject to sanction. If for some reason you miss a drug screen, *you should inform your probation officer immediately and submit as soon as possible.*

NOTE: Urine specimens with creatinine levels below 20 mg/dl or above 400mg/dl will be considered invalid and subject to sanction.

You are ultimately responsible for ensuring the screens you provide are valid.

You should be aware that prescription drugs, over-the-counter medications, herbal remedies, and dietary or energy supplements can affect your test results.

As such, it is strongly advised you learn how the ingredients of a given medicine or supplement might impact results before you start taking them. Revised 8/29/11 7

PRESCRIPTION DRUG USE

All participants will be expected to inform their health care providers of their addiction issues so that informed decisions can be made when prescription medications are being considered. In the event that prescription medications are deemed necessary, participants should make every effort to obtain a non-narcotic alternative, if one is available. Should you be placed on a prescription medication, you must notify your probation officer within 24 hours. Failure to do so will result in a sanction.

NOTE: In an effort to ensure full disclosure, participants are required to provide their health care provider with the ITC Doctor's Notice when attending medical or dental appointments, provided by the probation officer. This form contains the probation officer's contact information and requires the doctor's signature.

Participants with a history of abusing prescription drugs, or who have been prescribed potentially habit-forming medications, may be subject to additional requirements. These may include:

Being restricted to one prescribing physician.

Agreeing to work with your physician to discontinue use of a potentially habit-forming medication.

NOTE: Individuals may not possess a medical marijuana certificate while in the program.

INCENTIVES AND SANCTIONS

Frequent court reviews afford the DITC team the opportunity to respond quickly to participants' behaviors, whether positive or negative. Participants who demonstrate compliance and progress in treatment may be given rewards. Those participants who continue to use substances or violate program rules will be subject to sanctions.

Incentives used by the Court include:

Praise from the judge and the court

Gift certificates and gift cards

Movie tickets or activity passes

Promotion to the next phase

Reduction in court costs or treatment fees

Possible sanctions that can be imposed by the Court include:

Community Service

Day Reporting

Work Crew or Work Release

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Electronic Home Monitoring (EHM)

Straight jail time

THE FIVE PHASES OF THE DITC

There are five phases to the DITC program. While the program can be completed in as few as 12 months, successful completion typically takes an average of 16 months. Each phase must be successfully completed before you can advance to the next phase.

The phase lengths below represent the minimum amount of time required before advancing to the next phase. Advancement is not —automatic,|| and is contingent on several factors including stability, attendance and participation in treatment, drug screen results, progress in

recovery, and other relevant factors. Decisions regarding advancement will be made by the DITC Judge in consultation with other team members.

Occasionally, clients have unique circumstances that call for special consideration regarding program expectations. Such situations will be considered on a case-by-case basis. *Any modifications to phase or treatment requirements must be approved by the Judge and/or the DITC team.*

Phase 1: Entry & Orientation (minimum of 3 weeks)

Orientation is the starting point of your involvement in the DITC. It is during this period that you will make initial contact with your probation officer, treatment provider, and monitoring agency.

During Entry & Orientation, you are expected to:

Attend all scheduled court appearances

Attend all scheduled probation meetings

Submit drug screens (UA, BA, swabs, etc.) as directed

Attend drug/alcohol evaluation and intake appointment(s)

Attend 3 (three) groups per week

Attend 1 (one) individual counseling session per month

COURT REVIEWS: You are expected to appear on time for your court status reviews and to be prepared to give the Judge an honest update on how things are going.

PROBATION: Your probation officer is your primary contact person in the DITC. In your initial meetings, your probation officer will review the terms and conditions of probation as well as the requirements of the DITC program. Your PO will also assign you to a drug testing agency and review reporting instructions. Revised 8/29/11 9

You will be meeting with your PO regularly to discuss your employment status, home situation, etc. Your PO will also be doing home checks periodically.

DRUG SCREENS: *You are required to submit to any testing ordered by your probation officer or the Court.* Monitoring is typically done through urine, breath or saliva tests; however, you may be required to submit to other testing methods such as hair tests, SCRAM monitoring, etc.

Even if you are concerned that your test may come back positive, it is very important that you submit anyway! Especially during Phase I, your probation will not be terminated for positive drug tests, provided you submit consistently. You should note, however, that continued or new use will result in sanctions.

TREATMENT: Your treatment intake will be scheduled immediately upon acceptance into the DITC Program. After it is completed, you will be instructed as to what treatment and support groups you will be expected to attend. In addition, you will be required to attend an individual counseling session at least once a month throughout the first three phases.

SUPPORT GROUPS: Support groups include AA/NA, TOPA, church groups, Phoenix Multisport, meetings with your sponsor, and other activities that are related to supporting your recovery. In Phase I, you will be encouraged to attend a support group or activity on each day you do not have an individual or group treatment session scheduled. You will be expected to document all community support groups on the Support Group/12 Step Attendance Verification form. This form requires you obtain a signature for each activity or meeting attended. You will be expected to bring this form with you every time you come to court.

HOUSING: This phase is designed to run concurrent with your 84-day work release sentence.

EMPLOYMENT/EDUCATION/TRAINING: The structure provided by a set schedule can be very beneficial, particularly for those in the early stages of recovery. In addition to other program requirements, you will be expected to find and maintain suitable employment, or to be attending school or a vocational/training program. (Exceptions to this requirement include stay-at-home parents, those unable to work due to disability, etc.)

FINANCIAL OBLIGATIONS: You will be responsible for meeting any financial obligations to the court as well as to treatment providers. Treatment will be provided at a cost of \$830 for the program. Failure to make satisfactory arrangements to meet these obligations can result in the denial of treatment. You should inform your probation officer and/or treatment provider if you are experiencing financial problems. Revised 8/29/11 10

Phase 2: Stability (minimum of 9 weeks)

During Stability Phase you must:

Attend all scheduled court appearances

Attend all scheduled probation meetings

Submit drug screens (UA, BA, swabs, etc.) as directed

Attend all weekly treatment appointments as identified in your treatment plan.

COURT REVIEWS: You are expected to appear on time for your court status reviews and to be prepared to give the Judge an honest update on how things are going.

PROBATION: You will continue to meet with your probation officer on a regular basis. You and your PO will develop a case plan specific to your situation, including monitoring, treatment, employment, etc.

DRUG SCREENS: You are required to submit to all drug screens as instructed by your probation officer.

TREATMENT: You will continue to work with your treatment provider in developing treatment plans and addressing issues in individual and group therapy sessions. You will attend groups covering topics indicated by your treatment plan. The degree of your investment in treatment will be considered a critical measure of your progress in the program.

SUPPORT GROUPS: In Phase 2, you will be encouraged to attend at least four (4) support groups per week, and document your attendance on the Support Group/12 Step Attendance Verification form. You will be expected to bring this form with you every time you come to court.

HOUSING: You will be expected to maintain safe and sober housing. If you are experiencing difficulty in this area, the DITC team will make every effort to assist you in finding a more suitable living situation.

EMPLOYMENT/EDUCATION/TRAINING: You will be expected to maintain suitable employment, or to be attending school or a vocational/training program. (Exceptions to this requirement include stay-at-home parents, those unable to work due to disability, etc.)

FINANCIAL OBLIGATIONS: You will be expected to make satisfactory progress toward balances owed the court as well as to treatment providers. Treatment will be provided at a cost of \$830 for the program. Failure to make satisfactory arrangements to meet these obligations can result in the denial of treatment. You should inform your probation officer and/or treatment provider if you are experiencing financial problems. Revised 8/29/11 11

SOBRIETY REQUIREMENT: Demonstrate a substantial pattern of sobriety as determined by the treatment team.

Phase 3: Sober Living Skills (minimum of 14 weeks)

During this phase you are required to:

Attend all scheduled court appearances

Attend all scheduled probation meetings

Submit drug screens (UA's, BA's, swabs, etc.) as directed

Attend all weekly treatment appointments as identified in your treatment plan.

COURT REVIEWS: You are expected to appear for court on time and be ready to discuss your progress with the Judge.

PROBATION: You will continue to work with your probation officer to develop goals and timelines to ensure you are successfully meeting probation and program requirements, including making progress on any fines or fees assessed by the court.

DRUG SCREENS: You are required to continue testing as directed by your probation officer.

TREATMENT: You are required to attend one Level II Therapy group and Community Building group each week. During this phase, you will also begin any other required treatment, such as domestic violence or parenting classes.

SUPPORT GROUPS: In Phase 3, you will be encouraged to attend at least three (3) support groups per week, and continue to document your attendance on the Support Group/12 Step Attendance Verification form. You will be expected to bring this form with you every time you come to court.

HOUSING: You will be expected to maintain safe and sober housing. If you are experiencing problems with your living situation, the DITC team will continue to assist you in finding more suitable living arrangements.

EMPLOYMENT/EDUCATION/TRAINING: You will be expected to maintain suitable employment, or to be attending school or a vocational/training program. (Exceptions to this requirement include stay-at-home parents, those unable to work due to disability, etc.)

FINANCIAL OBLIGATIONS: You will be expected to be making satisfactory progress toward balances owed to the court as well as to treatment providers. At this point in the program, you will be expected to be making regular payments toward any restitution costs owed in your case(s) and toward your treatment costs. You should inform your probation officer and/or treatment provider if you are experiencing financial problems. Revised 8/29/11 12

SOBRIETY REQUIREMENT: Demonstrate a substantial pattern of sobriety as determined by the treatment team, and begin to demonstrate regular use of recovery tools acquired in treatment.

Phase 4: Relapse Prevention (minimum of 14 weeks)

During the Relapse Prevention Phase you will be required to:

Attend all scheduled court appearances

Attend all scheduled probation meetings

Submit drug screens (UA, BA, swabs, etc.) as directed

Attend all treatment appointments as identified in your treatment plan.

COURT REVIEWS: You are expected to appear for court hearing on time and be prepared to discuss your progress with the Judge. You will be expected to be supportive of other clients in the program.

PROBATION: You must attend all probation meetings and remain in compliance with probation and program requirements, including making progress on fines or fees assessed by the court.

DRUG SCREENS: You are required to continue testing as directed by your probation officer.

TREATMENT: You are required to attend 12 weeks of Level II Therapy followed by 10 weeks of Community Building (overlapping with the Court's Phase 5.) You will also be working on finishing your required individual sessions, usually scheduled once per month.

SUPPORT GROUPS: In Phase 4, you will be encouraged to attend at least two (2) support groups per week, and continue to document your attendance on the Support Group/12 Step Attendance Verification form. You will be expected to bring this form with you every time you come to court.

HOUSING: You will be expected to maintain safe and sober housing.

EMPLOYMENT/EDUCATION/TRAINING: You will be expected to maintain stable employment, or to be attending school or a vocational/training program.

FINANCIAL OBLIGATIONS: You will be expected to be making satisfactory progress toward balances owed to the court and to treatment providers. In particular, you will be expected to be making regular payments toward any restitution costs owed to the courts. You should inform your probation officer and treatment provider if you are experiencing financial problems. Revised 8/29/11 13

SOBRIETY REQUIREMENT: Demonstrate a substantial pattern of sobriety as determined by the treatment team, and continue to demonstrate regular use of recovery tools.

Phase 5: Recovery Maintenance (minimum 12 weeks)

During the Recovery Maintenance Phase you will be required to:

Attend all scheduled court appearances

Attend at all group and individual treatment sessions

Attend all required community support groups

Maintain sober/stable housing

Participate in work and/or school

Complete community service, if required

Maintain compliance with probation officer including home visits

Maintain compliance with BA's and UA's

PROBATION: You must attend all probation meetings and remain in compliance with probation and program requirements, including making progress on fines or fees assessed by the court.

DRUG SCREENS: You are required to continue testing as directed by your probation officer.

TREATMENT: You will finish your group therapy with Community Building groups and finish your final individual sessions, culminating in a successful discharge from treatment.

SUPPORT GROUPS: In Phase 5, you will be encouraged to attend at least two (2) support groups per week, and continue to document your attendance on the Support Group/12 Step Attendance Verification form. You will be expected to bring this form with you every time you come to court.

HOUSING: You will be expected to maintain safe and sober housing.

EMPLOYMENT/EDUCATION/TRAINING: You will be expected to maintain stable employment, or to be attending school or a vocational/training program.

FINANCIAL OBLIGATIONS: You will be expected to have financial stability established with work or entitlement payments. You will be expected to complete paying for court costs and restitution, if able, and if not, set up financial agreement to do so, as approved by the court.

SOBRIETY REQUIREMENT: Demonstrate a substantial pattern of sobriety as determined by the treatment team, and demonstrate consistent recovery behavior and lifestyle with decreased monitoring and accountability measures. Revised 8/29/11 14

BOULDER COUNTY ROC TREATMENT LEVELS

NOTE: If you attend treatment at an agency other than ROC, your schedule will be different.

Level I (3 groups, 1 individual session per month)

Tuesday 6:00 pm—8:00 pm Level II Education

Wednesday 6:00 pm—7:30 pm Matrix Relapse Prevention

Thursday 6:00pm—8:00 pm Community Building Program

Monthly Individual Sessions

Level II (2 groups, 1 individual session per month)

Tuesday 6:00-8:00 pm Level II Therapy

Thursday 6:00 pm—8:00 pm Community Building Program

Monthly Individual Sessions

Level III (1 group, 1 individual session per month, 1 peer sober support group)

Thursday 6:00 pm—8:00 pm Level II Therapy

Monthly Individual Sessions

Level IV (see note)

Thursday 6:00 pm—8:00 pm Community Building

Monthly Individual Sessions

NOTE: Once you finish the Community Building groups, the final 9 weeks of treatment will only consist of the individual sessions.

Each client will be developing a recreational safety plan prior to any external activity. Throughout the program, clients will be encouraged to utilize the Phoenix Multi-Sport Program on their own time. Clients will review/revise their relapse prevention plans at the end of each Level--this will aid in determining monitored sobriety needs, and in ensuring they have the skills to remain sober and pro-social in order to eliminate risk and harm to the community. Revised 8/29/11

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MENTOR PROGRAM

Participants in later phases who have done well in the program may be selected to serve as mentors to clients in earlier phases. Participation is voluntary. In order to be eligible, the participant must meet the following criteria, as determined by the treatment team:

A substantial pattern of sobriety

Actively engaged in treatment and committed to recovery

In Phase III or IV

Demonstrating stability in other areas of their lives, such as housing, employment, etc.

Consistent involvement in a 12 – Step program or other community-based support program

Making regular payments on any balances owed, such as treatment costs, restitution, etc.

Possible mentor activities include speaking to groups, meeting with clients who are struggling, and helping clients connect with the 12-Step community.

GRADUATION CRITERIA

In order to be eligible for graduation, the following criteria must be met:

1. You have completed all required treatment and progressed through the phases within a reasonable period of time;
2. You have completed all of the terms and conditions of probation;
3. You are mentally and emotionally stable;
4. You have obtained all necessary medical and dental assistance;
5. You are able to support and maintain yourself financially through legal means;
6. You have maintained a stable living situation that is supportive of your sobriety;

7. You have developed a support system that can help you maintain sobriety and assist you with any problems that may arise;

8. You have developed a long-term sobriety plan that has been approved by the Court;

9. You have paid all costs not waived by the court in full, or have signed a financial responsibility contract with the Collections Investigator.

NOTE: Participant may remain on regular probation until all non-waived fees and restitution is paid. Revised 8/29/11 16

TERMINATION FROM THE DITC

Participants may be terminated from the program for a variety of reasons, including:

Voluntary withdrawal by the participant

Committing a new crime that has been identified as a disqualifying offense

Violating one or more terms and conditions of probation

Frequent or ongoing use of illegal substances

Noncompliance with treatment

Absconding from probation supervision

Dismissal from the DITC is at the discretion of the Judge. Upon termination, the participant's case will return to regular criminal court.

CONTINUING CARE

The DITC team strongly recommends that those who successfully complete the program remain involved in support groups and other activities that will assist them in their ongoing recovery efforts. Graduates are also encouraged to maintain their connection with the DITC by attending DITC alumni activities and graduation ceremonies. Revised 8/29/11 17

USEFUL COMMUNITY RESOURCES

Alcoholics Anonymous, Boulder Area (303) 447-8201

Boulder County Dept. of Social Services

Boulder: (303) 441-1000

Longmont: (303) 678-6000

Boulder County Housing Authority (303) 441-3929

Boulder Housing Partners (720) 564-4610

Boulder Shelter for the Homeless, Boulder (303) 442-4646

Boulder Valley Women's Health Center, Boulder (303) 442-5160

Community Food Share, Longmont (303) 652-3663

Division of Motor Vehicles, Boulder (303) 442-3006

Emergency Family Assistance Association, Boulder (303) 442-3042

Labor Ready, Boulder (303) 499-9288

Labor Ready, Longmont (303) 651-6722

Salud Family Health Center (Clínica Salud), Longmont (303) 776-3250

Longmont Housing Authority (303) 651-8581

Mental Health Center of Boulder & Broomfield Counties

Boulder: (303) 443-8500

Longmont: (303) 684-0555

Narcotics Anonymous, Boulder Area (303) 412-2884

OUR Center Day Shelter, Longmont (303) 772-5529

People's Clinic, Boulder (303) 449-6050

RTD Information (303) 299-6000

Safehouse Progressive Alliance, Boulder (303) 449-8623

24 Hour Crisis Line: (303) 444-2424

Safe Shelter of St. Vrain Valley, Longmont (303) 772-0432

24 Hour Crisis Line: (303) 772-4422

Salud Family Health Center, Longmont (303) 776-3250

Salvation Army, Boulder (303) 440-7126

Workforce Boulder County

Boulder: (303) 301-2900

Longmont: (303) 651-1510